



# LESSONS TO TAKE AWAY FROM COVID 19 PANDEMIC IN NURSING EDUCATION

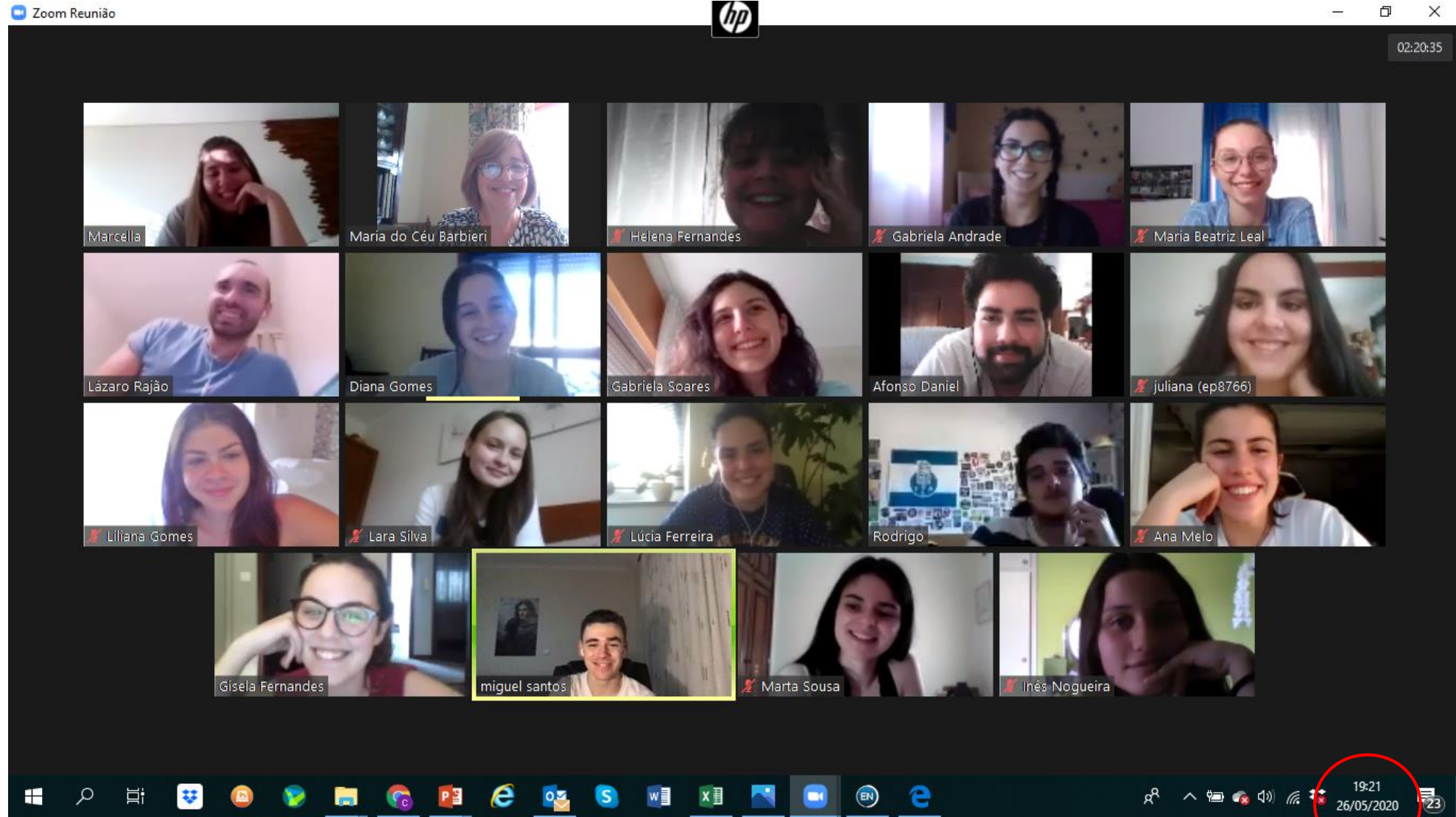
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**“COVID-19 is an ongoing crisis; it is a real-time lesson in equity, leadership, social justice, ethics, and patient care.”**  
(Dewart, Corcoran, Thirsk & Petrovic, 2020)

# Flexibility in policies in nursing education

- Remote teaching and assessment acknowledged in undergraduate nursing education:
  - COVID-19 pandemic as a catalyst for sustained usage of “new” learning technologies
  - Opportunity to quickly develop digital literacy skills to deliver synchronous and/or asynchronous classes
- Requirements for clinical practice hours

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Official Journal of the European Union

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of 7 September 2005

on the recognition of professional qualifications

(Text with EEA relevance)

# Accountability

- Increase in student-centered, self-directed learning
- Development of students' critical thinking skills
- Teachers as facilitators of the learning process
- Development of creativity of educators and students



“one year of technological push can do more to transform educational processes than 20 years of the Bologna Process” Ferreira, 2021

Zimbra: Bandeja de entrada (4) x (216) Enfermería en un minuto - x +

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Zimbra: Bandeja de entrada x Google Calendar - Week of Marc x ESEP - Escola Superior de Enferm x ECare - COVID-19 - programa de x +

nau.edu.pt/curso/ecare-covid-19-programa-de-actualizacao-profissional/

**nau** SEMPRE A APRENDER

CURSOS ▾ PARCEIROS ▾ SOBRE ▾

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**ESEP** ECare - COVID-19 - programa de atualização profissional

ECare-COVID-19 é um curso produzido pela Escola Superior de Enfermagem do Porto, com a colaboração de profissionais de saúde, de reconhecido mérito, provenientes de diversas instituições de cuidados de saúde.

### Apresentação

ECare-COVID19 – Programa de atualização profissional é dirigido a profissionais de saúde que pretendam aprofundar competências dirigidas à otimização da prestação e gestão de cuidados a doentes COVID-19.

A pandemia por COVID-19 coloca desafios aos profissionais de saúde na gestão e operacionalização dos cuidados de saúde, nos diferentes contextos de cuidados. Este curso visa aprofundar e atualizar as suas competências para a gestão e prestação de cuidados de saúde num contexto da crise pandémica.

Enfermeiros, Médicos, Técnicos Superiores de Diagnóstico e Terapêutica e Outros profissionais de saúde são convidados a realizar este curso, pois, apresentando elevado risco de exposição ao coronavírus SARS-CoV-2, torna-se fundamental aprofundar competências e conhecimentos de forma a promover a saúde e segurança do exercício profissional num contexto de pandemia.

O ECare-COVID-19 é um programa formativo em formato Massive Open Online Course (MOOC) de acesso gratuito e universal.



Inicia em: 2021-03-01

Preciso de Ajuda

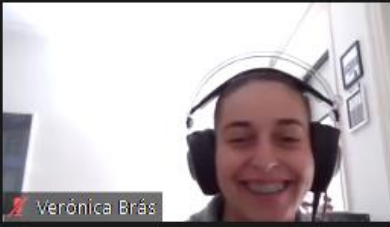
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<https://www.nau.edu.pt/curso/ecare-covid-19-programa-de-actualizacao-profissional/>

# Team work, collaboration and communication

Zoom's 'breakout room' feature enabled small-group communication, facilitating collaborative learning

- Problem Based Learning as a strategy used more often
- More introverted students have new forms to interact in ways other than oral communication (eg chat, email, support platforms)
- Strengthening peer support (eg peer mentorship)



### ESEP's Peer mentorship program



# Time management and selfcare

- Less time spent to travel to Nursing School (undergraduate and postgraduate students)
- Improved attendance and punctuality
- Healthy life style
- Family quality time

# Challenges for nursing education

- Review of pedagogical frameworks in both in theoretical classes and in clinical teaching;
- Improvement of multimedia: e-resources of high quality;
- Development of simulation platforms for clinical skills learning and assessment;
- Increase of content of Primary Health Care in undergraduate nursing education: social determinants of health, health promotion, health literacy, noncommunicable diseases, infectious diseases and the nurse's role in planetary health;
- Development of new strategies to encourage students exchange and network in times of reduced mobility.

# References

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