

FINE
Workgroup



Can simulation replace clinical teaching? How to implement simulation?

Jean-Christophe Servotte



Conflict of interest

- No conflict of interest to declare but ...

I believe in the potential of simulation

Definition (Servotte et al., 2019)

- Simulation is a **pedagogical strategy** that recreates or replicates a **clinical** situation and/ or a clinical context.
 - One or more of these aspects resemble the reality of the workplace and allow participants to **practice, learn, or assess** their actions in a **safe environment**. (Gaba, 20044; Lopreiato et al., 2016)
 - Simulation-based learning experiences include a multitude of structured activities that aim to develop and increase **knowledge, skills, and attitudes** (KSA)
- Close to reality

Modalities

- Simulation encompasses a broad range of modalities



Modalities

- Simulation encompasses a broad range of modalities



Modalities

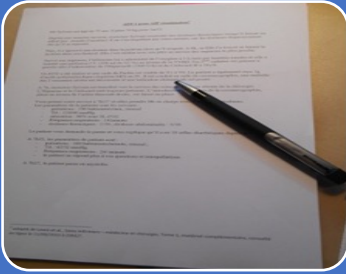


Modalities



Simulation modalities

(Alinier 2007 ; Jetté & Charrette 2010)



Level 0

- Clinical case
- Problem-based learning



Level 1

- Procedural simulation
- Specific psychomotor skills



Level 2

- Computer-based simulation

Simulation modalities

(Alinier 2007 ; Jetté & Charrette 2010)



Level 3

- Standardized Patients
- OSCE



Level 4

- Manikins : intermediate patient simulators



Niveau 5

- Manikins : high fidelity



Level 3-4-5 → KSA
+ Clinical setting

Level 3-4-5 → K / S / A

Level 1-2 → K / S

Level 0 → K

Miller's pyramid describing levels of competency. Source: *Miller GE. The assessment of clinical skills/ competence/performance. Acad Med 1990;65(9 Supl.):S63*

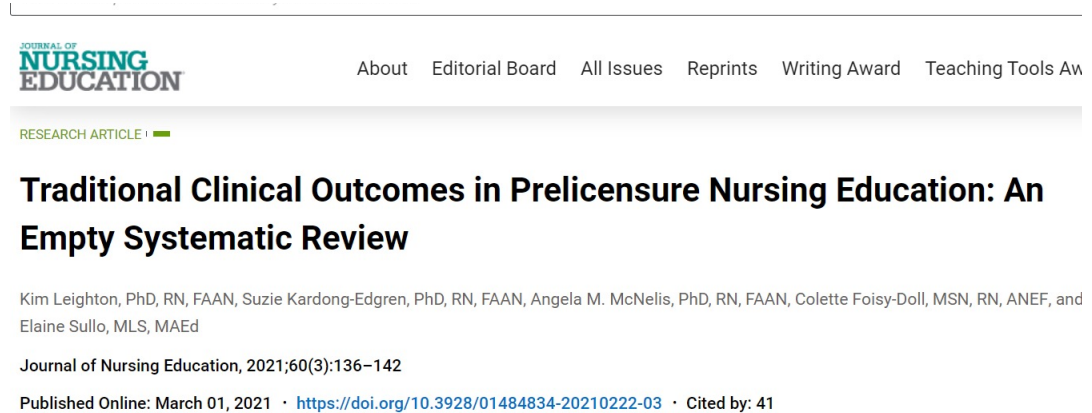
Clinical setting

(Institute of Medicine, 2010; Conseil International des Infirmières, 2010; Greiner & Knebel, 2003)

- Traditional clinical teaching
- « Gold standard » → 2300h (Europe) >< 900 h (Canada), 1000h (Australia, new program)
- Technical rationality : instrumental resolution → strict application
→ knowledge & skills
- Hierarchical professional knowledge and skills

Effectiveness of traditional clinical apprenticeship models

- Systematic review
- Literature for over 50 years
- No studies reported learning outcomes attributed to clinical education models, resulting in an empty review
- Self-reports of perceptions and confidence, lacking quantitative outcomes



Effectiveness of traditional clinical apprenticeship models (Polifroni 1995; Norman 2005)

What are students doing ????

- 44% patient care
- 9% break
- 9% self-instruction
- 8% planning / organization
- 5% charting
- 25% nothing

Effectiveness of traditional clinical apprenticeship models (Polifroni 1995; Norman 2005)

What are students doing ????

- 44% patient care → 1.012h
- 9% break
- 9% self-instruction
- 8% planning / organization
- 5% charting
- 25% nothing → 575h

Effectiveness of traditional clinical apprenticeship models (Polifroni 1995; Norman 2005)

Interactions ???

- 15% teacher/trainer → 345h
- 9% nurse → 207h
- 9% other students
- 61% himself → 1.403h
- 8% other

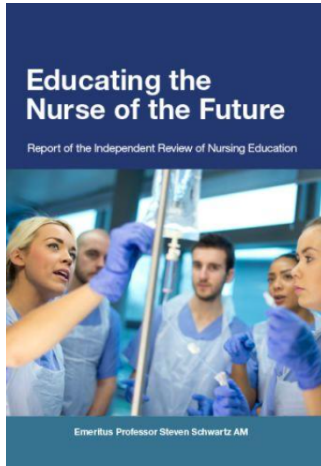
Effectiveness of traditional clinical apprenticeship models

- Adverse events associated with care???
- Students and newly graduated nurses make more mistakes (e.g. Molloy, 2017; Monrouxe et al., 2018)

Call to review nursing education

- Competencies: an ambiguous notion
- Form of secondary knowledge
- Phenomena involved: complexity, instability, uncertainty, etc.
- ~~Technical rationality~~

Call to review nursing education



Clinical placement : 400h → 1.000h

→ Target : 400h simulation – 600h clinical placement

→ Accreditation : simulation centers & clinical placement



Institute of Medicine (2010)

Key Message #2: *Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression*

→ Simulation : key area

Effectiveness of simulation

- Satisfaction:

- ✓ High level
- ✓ Emotional

(e.g. Cook et al., 2013; Howard, 2007; Jeffries & Rizzolo, 2006; Simoneau et al., 2012)

→ Improved ~~learning~~

→ Data saturation phenomenon

Effectiveness of simulation

- Self-efficacy

- ✓ Rare situations (Kaplan et al., 2011; Kneebone, 2003; Pascual et al., 2011)
- ✓ Technical and non-technical skills (Bruce et al., 2009; Korbridge et al., 2008; MacLean et al., 2017)
- ✓ Level of preparedness and ability to practice in the clinical field (Haut et al., 2014)



≠ Knowledge and competence (Mould et al., 2011; Tofil et al., 2011)



Effectiveness of simulation

- Knowledge (p.ex. Bruce et al., 2009; Haut et al., 2014; Simoneau et al., 2017)
 - ✓ Débriefing → development & consolidation (Simoneau et al., 2014; Servotte et al., 2018; Tanner, 2006)
 - ✓ Short term: improvement (Bruce et al., 2009; Scherer et al., 2007)
 - ✓ No impact (Kennedy et al., 2014; Cook et al., 2013)

Effectiveness of simulation

Review

Effectiveness of patient simulation in nursing education: Meta-analysis

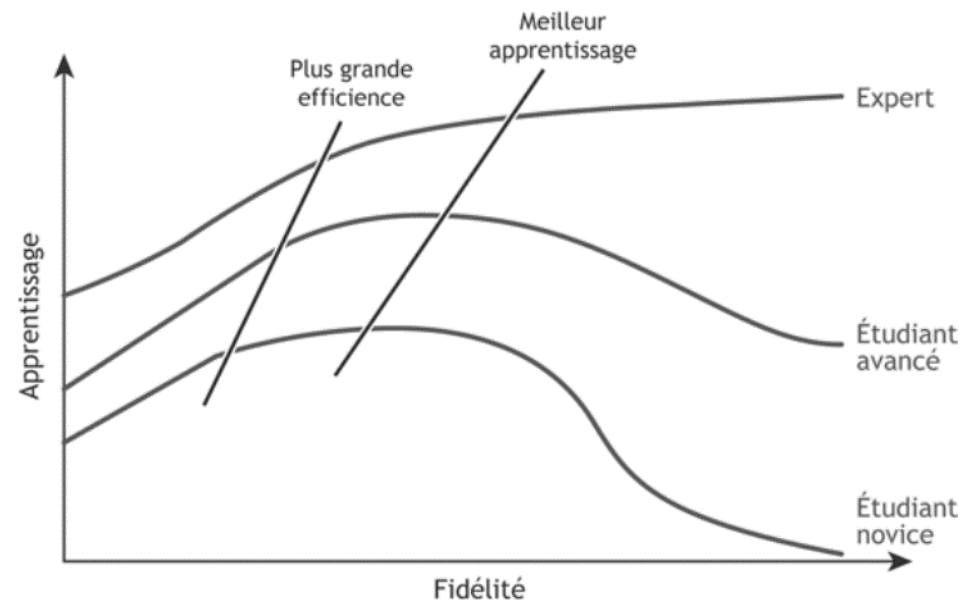
Sujin Shin^a, Jin-Hwa Park^b, Jung-Hee Kim^c  

Medium-large effect size:

- Effects through performance
- Evaluation: psychomotor skills
- Subject of learning: clinical
- Learners: nurses & senior students
- High fidelity

Fidelity & effectiveness (Norman, 2012),

- Learners who participated in either high-fidelity or low-fidelity simulation systems → consistent performance improvements
- No significant advantage of high-fidelity simulation over low-fidelity simulation



(Alessi, 1988 repris par Chiniara, 2007).

Effectiveness of simulation

Clinical Simulation in Nursing (2023) 74, 19-37



ELSEVIER



Review Article

Fidelity & effectiveness (Norma...

Standardized Patient Simulation for More Effective Undergraduate Nursing Education: A Systematic Review and Meta-Analysis

Jinkyong Ma, PhD, RN^a, Youngjin Lee, PhD, RN^{b,*}, Jiwon Kang, PhD, RN^{c,d}

Clinical Simulation
in Nursing

www.elsevier.com/locate/escn

Improvement:

- Communication skills
- Communication self-efficacy
- Self-efficacy
- Learning self-efficacy
- Problem-solving ability
- Satisfaction

Conditions:

- Professionally trained SP
- Multiple sessions: continuously and repeatedly
- Strategies for progressively exposing nursing students to SP
- Psychological safety???
- USA & Korea

Effectiveness of simulation

Clinical Simulation in Nursing (2022) 70, 37–46



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Review Article

The Influence of Nursing Simulation on Patient Outcomes and Patient Safety: A Scoping Review

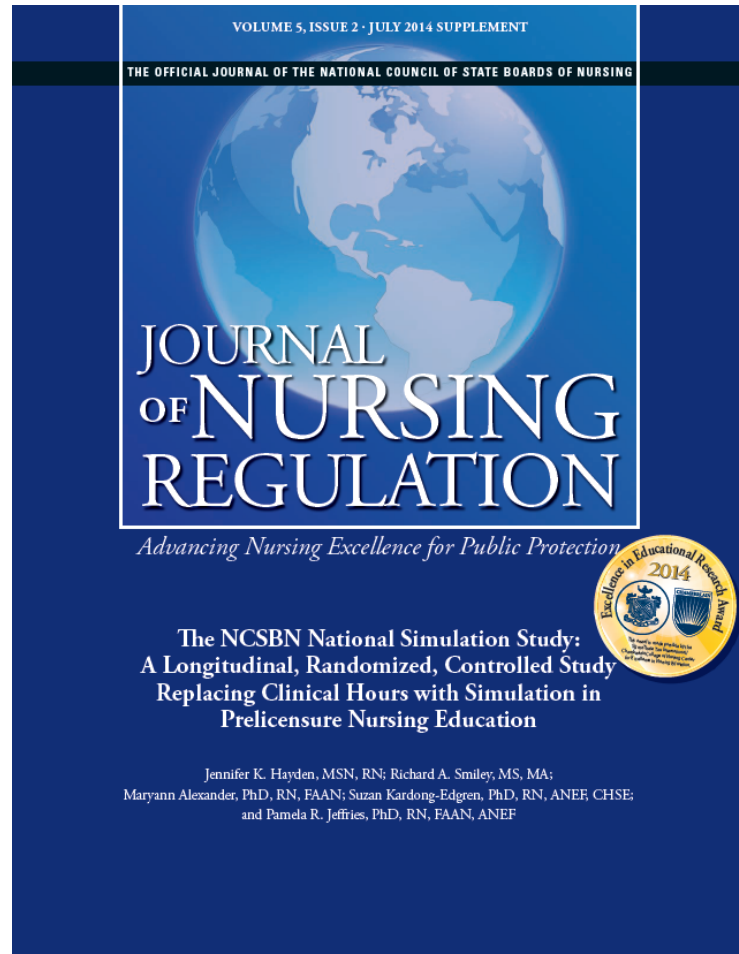
Mohamed Toufic El Hussein, RN, PhD, NP^{a,*}, Giuliana Harvey, PhD, RN, CHSE^b, Nicole Bell, RN, BN^c

Clinical Simulation
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- Lack of rigorous literature
- Simulation positively impacts nursing performance, patient safety, and patient outcomes
- High level of knowledge transfer

Substitution clinical placement



Journal of Nursing Regulation

Volume 5, Issue 2, Supplement, July 2014, Pages S3-S40



The NCSBN National Simulation Study: A Longitudinal, Randomized, Controlled Study Replacing Clinical Hours with Simulation in Prelicensure Nursing Education

Jennifer K. Hayden MSN, RN, Richard A. Smiley MS, MA,
Maryann Alexander PhD, RN, FAAN, Suzan Kardong-Edgren PhD, RN, ANEF, CHSE,
Pamela R. Jeffries PhD, RN, FAAN, ANEF

NCSBN study

This study provides substantial evidence that up to 50% simulation can be effectively substituted for traditional clinical experience in all prelicensure core nursing courses under conditions comparable to those described in the study. These conditions include faculty members who are formally trained in simulation pedagogy, an adequate number of faculty members to support the student learners, subject matter

Substitution of clinical placement

Substitution of Clinical Experience With Simulation in Prelicensure Nursing Programs: A National Survey in the United States

Tonya L. Breymier, PhD, RN, CNE^{a,*},
Tonya Rutherford-Hemming, EdD, RN, ANP-BC, CHSE^b,
Trisha Leann Horsley, PhD, RN, CHSE, CNE^c, Teresa Atz, PhD, RN^d,
Lisa G. Smith, PhD, RN, CNE^e, Donna Badowski, DNP, MSN, RN, CNE^f,
Kelley Connor, RN, MS, CNE, CHSE^g

Suggests a **2:1** clinical-to-simulation ratio: 2 clinical hours count as 1h of simulation training → **intensity and efficiency of simulation training**

Substitution of clinical placement

Olaussen et al. *BMC Nursing* (2022) 21:47
<https://doi.org/10.1186/s12912-022-00824-2>

BMC Nursing

RESEARCH

Open Access

Integrating simulation training during clinical practice in nursing homes: an experimental study of nursing students' knowledge acquisition, self-efficacy and learning needs



Camilla Olaussen^{1,2*}, Simen A. Steindal¹, Lars-Petter Jelsness-Jørgensen^{1,3,4}, Ingunn Aase⁵, Hege Vistven Stenseth¹ and Christine Raaen Tvedt¹

- Norway: Nursing home → first-year nursing students
- Substitution : 10,7%
 - Higher knowledge acquisition
 - Self-efficacy : no difference
 - Clinical placement group reported little time for reflection

The simulation power

- Demonstrated the same effects : learning improvements

- But:
 - ✓ Lack of evidence in Europe

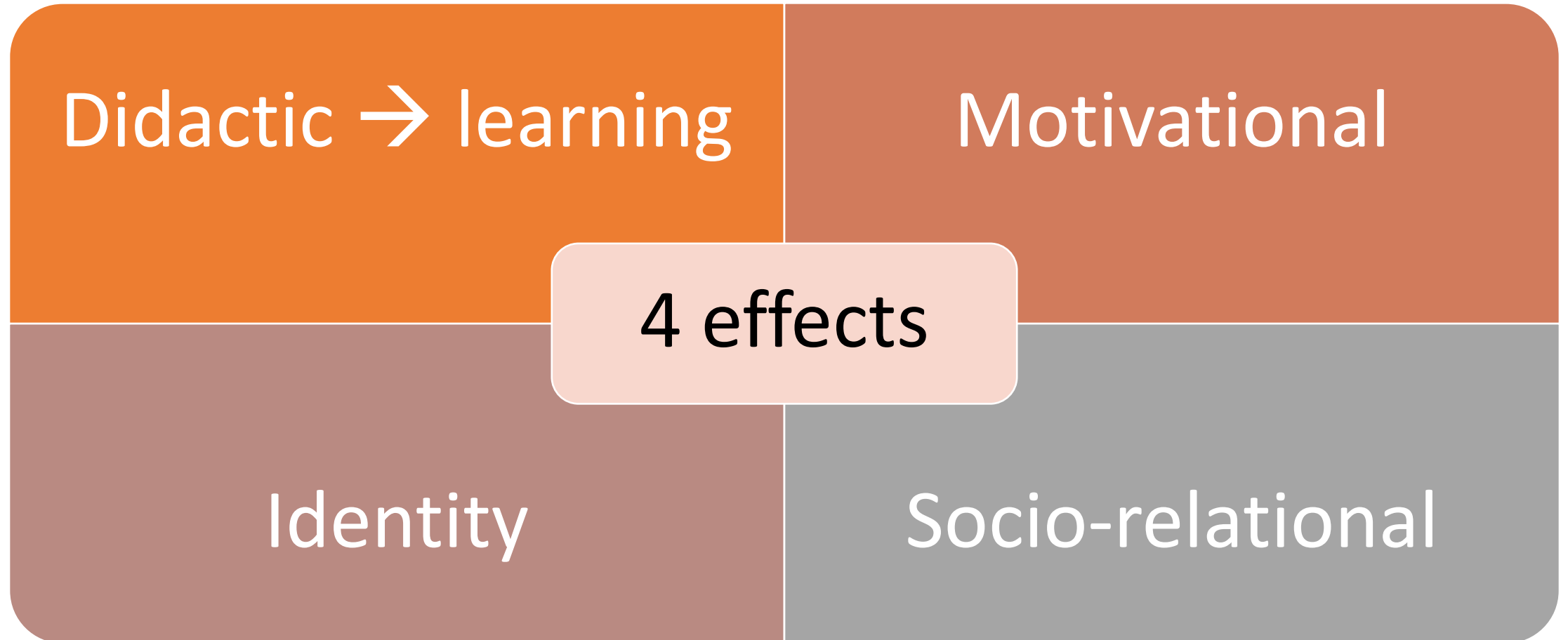


The simulation power

- Demonstrated the same effects : learning improvements
- But:
 - ✓ Lack of evidence in Europe
 - ✓ Psychological safety: very confronting
 - ✓ Training of trainers required
 - ✓ ROI to investigate



Effect of simulation (Faulx & Danse, 2020)



Need to

- (re) Design clinical placement
- Design correctly simulation activities
- Rethink « teams »

Why?

- Number of adverse events associated with care
- Technical skills >< non-technical skills
- Procedural simulation: part of psychosocial skill



Reality is quite different

How can we implement simulation ?

Criterion 1: Simulation experiences should be designed in consultation with content experts as well as simulation-ists who are knowledgeable and competent in best practices in simulation education, pedagogy, and practice.

Criterion 2: Perform a needs assessment to provide the foundational evidence of the need for a well-designed simulation-based experience.

Needs assessment

Needs assessment could/should include analysis of:

- Underlying causes of concern (e.g., root cause or gap analysis)
- Organizational analysis (e.g., Strengths, Weaknesses, Opportunities and Threats analysis)
- Surveys of stakeholders
- Outcome data (e.g. pilot testing, exams, patient safety)
- Standards

Simulation design

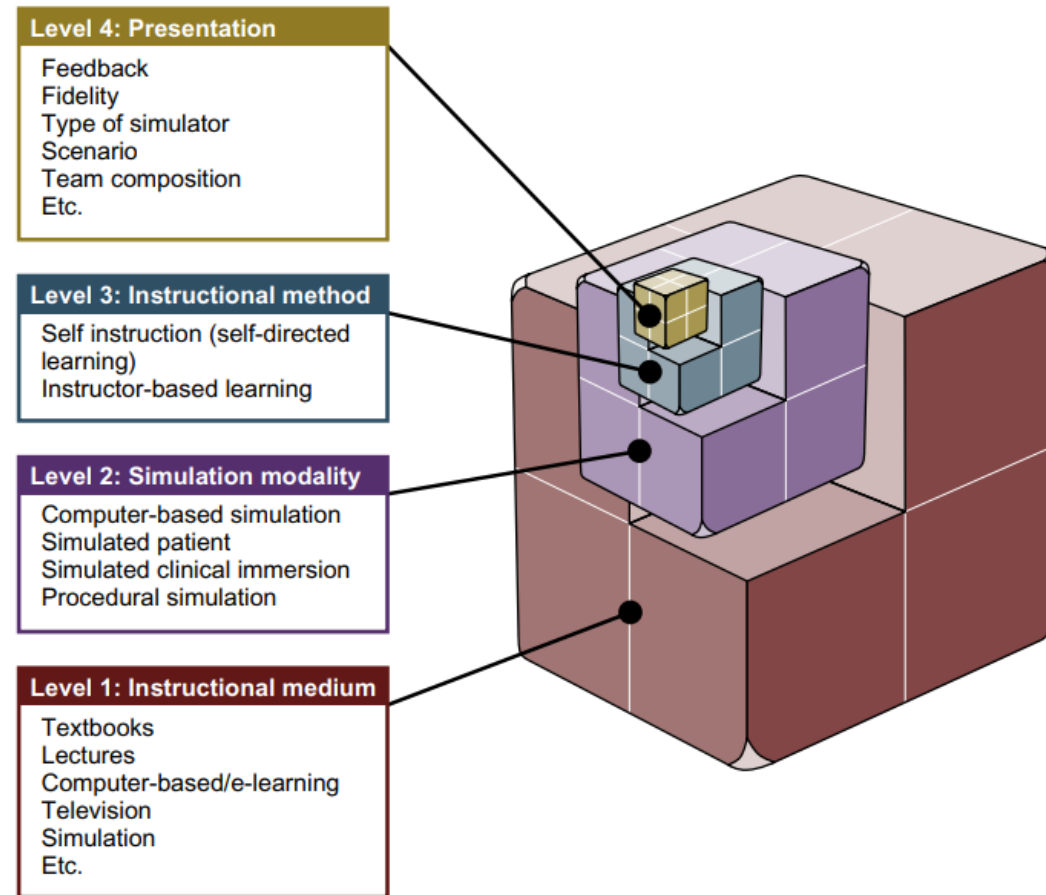


FIGURE 18.2 Instructional design model for simulation-based education with four levels that define the instructional medium, the simulation modality, the instructional method, and presentation. Source: From: Chiniara G, Cole G, Brisbin K, Huffman D, Cragg B, Lamacchia M, et al. *Simulation in healthcare: a taxonomy and a conceptual framework for instructional design and media selection*. Med Teach 2013;35(8):e1382.

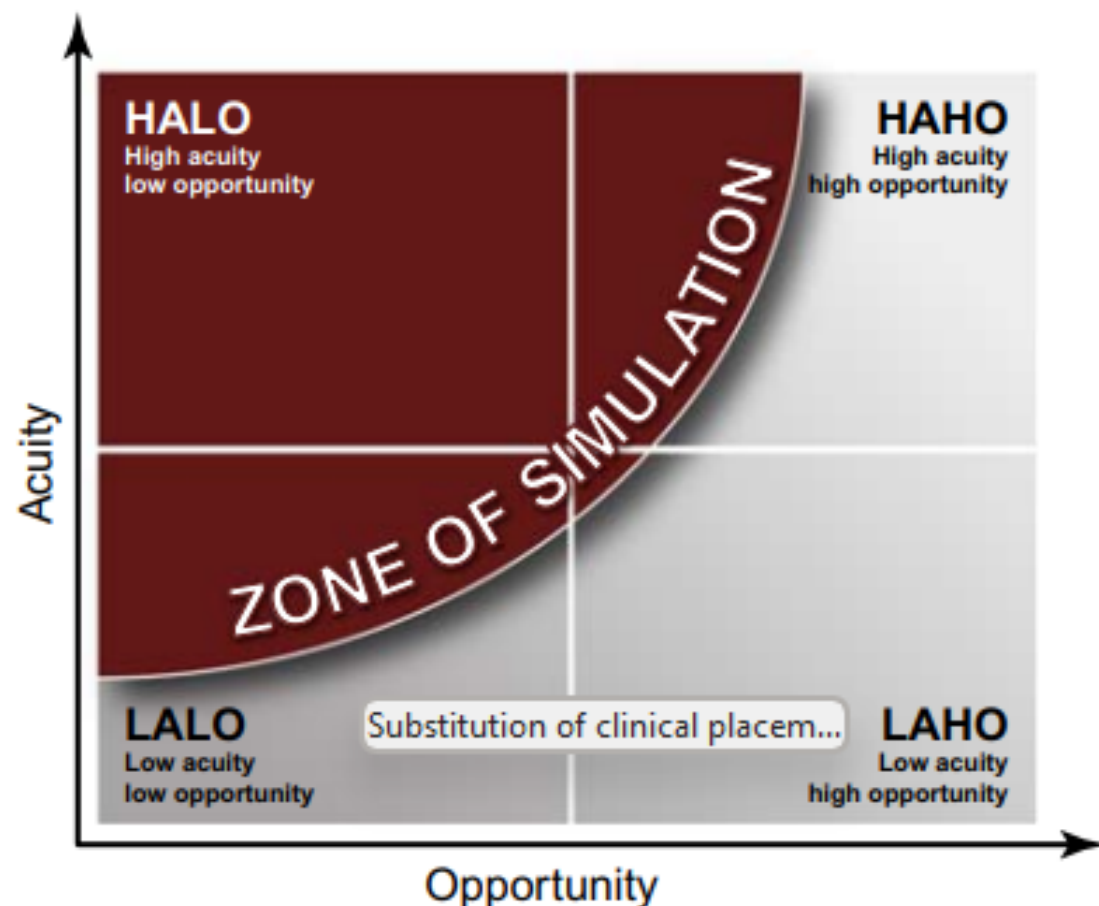


FIGURE 18.3 The zone of simulation matrix. Source: From: Chiniara G, Cole G, Brisbin K, Huffman D, Cragg B, Lamacchia M, et al. *Simulation in healthcare: a taxonomy and a conceptual framework for instructional design and media selection*. Med Teach 2013;35(8):e1382.

Criterion 3: Construct measurable objectives that build upon the learner's foundational knowledge.

Criterion 4: Build the simulation-based experience to align the modality with the objectives.



Design simulation

Progressiveness



Merci de votre attention

